





Lunch - October, 2016

10/3 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit	10/4 *Pizza Garden salad Fresh fruit	10/5 Chicken patty Tuscan bean and garlic soup Wheat bread/butter Fresh fruit	10/6 *Beans & Rice Tossed salad Tortilla Fresh fruit	10/7 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit
10/10 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit	10/11 Quiche Peas Whole wheat bread/butter Fresh fruit	10/12 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit	10/13 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit	10/14 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit
10/17 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit	10/18 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit	10/19 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit	10/20 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit	10/21 *Lasagna Tossed salad Fresh fruit
10/24 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit	10/25 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit	10/26 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	10/27 Hamburger slider Bean medley Roll Fresh fruit	10/28 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit
10/31 *Cheese melt Tomato alphabet soup Fresh fruit		<i>~This menu is designed for children age 12+ months</i>	<i>Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i>	 <i>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</i>

*Vegetarian meal




Lunch – November, 2016

 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>	<p>11/1 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>11/2 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>11/3 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit</p>	<p>11/4 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>11/7 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>11/8 *Pizza Garden salad Fresh fruit</p>	<p>11/9 Chicken nuggets Potato soup Wheat bread/butter Fresh fruit</p>	<p>11/10 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>11/11 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>11/14 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>11/15 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>	<p>11/16 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>11/17 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>11/18 ~~~~~ THANKSGIVING DINNER Sliced turkey & gravy Sweet potatoes Cranberry relish Whole wheat bread/butter Fresh fruit ~~~~~</p>
<p>11/21 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit</p>	<p>11/22 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>11/23 *Lasagna Tossed salad Fresh fruit</p>	<p>11/24 ***** CLOSED FOR THANKSGIVING HOLIDAY *****</p>	<p>11/25 ***** CLOSED FOR THANKSGIVING HOLIDAY *****</p>
<p>11/28 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit</p>	<p>11/29 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>11/30 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>~This menu is designed for children age 12+ months</p>	<p>Fresh fruits include but are not limited to: apples., oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</p>

*Vegetarian meal




Lunch – December, 2016

 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>	<p><i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p>	<p><i>~This menu is designed for children age 12+ months</i></p>	<p>12/1 Hamburger slider Bean medley Roll Fresh fruit</p>	<p>12/2 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit</p>
<p>12/5 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>12/6 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>12/7 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>12/8 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit</p>	<p>12/9 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>12/12 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>12/13 *Pizza Garden salad Fresh fruit</p>	<p>12/14 Chicken patty Tuscan bean and garlic soup Wheat bread/butter Fresh fruit</p>	<p>12/15 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>12/16 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>12/19 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>12/20 Quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>12/21 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>12/22 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>12/23 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>12/26 ***** CLOSED FOR CHRISTMAS DAY HOLIDAY *****</p>	<p>12/27 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit</p>	<p>12/28 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>12/29 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit</p>	<p>12/30 *Lasagna Tossed salad Fresh fruit</p>

*Vegetarian meal




Lunch – January, 2017

<p>1/2 ***** CLOSED FOR NEW YEAR'S DAY HOLIDAY *****</p>	<p>1/3 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit</p>	<p>1/4 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>1/5 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>1/6 Hamburger slider Bean medley Roll Fresh fruit</p>
<p>1/9 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>1/10 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>1/11 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>1/12 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit</p>	<p>1/13 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>1/16 ***** CLOSED FOR MLK JR'S BIRTHDAY *****</p>	<p>1/17 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>1/18 *Pizza Garden salad Fresh fruit</p>	<p>1/19 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>1/20 ***** CLOSED FOR INNAUGURATION DAY *****</p>
<p>1/23 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>1/24 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>1/25 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>1/26 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>1/27 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>1/30 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit</p>	<p>1/31 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit</p>	<p><i>~This menu is designed for children age 12+ months</i></p>	<p><i>Fresh fruits include but are not limited to: apples,, oranges , bananas , pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p>	 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>

*Vegetarian meal




Lunch – February, 2017

<p>~This menu is designed for children age 12+ months</p>		<p>2/1 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>2/2 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit</p>	<p>2/3 *Lasagna Tossed salad Fresh fruit</p>
<p>2/6 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit</p>	<p>2/7 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>2/8 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>2/9 Hamburger slider Bean medley Roll Fresh fruit</p>	<p>2/10 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit</p>
<p>2/13 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>2/14 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>2/15 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>2/16 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit</p>	<p>2/17 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>2/20 ***** CLOSED FOR PRESIDENT'S DAY *****</p>	<p>2/21 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>2/22 *Pizza Garden salad Fresh fruit</p>	<p>2/23 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>2/24 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>2/27 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>2/28 Quiche Peas Whole wheat bread/butter Fresh fruit</p>		<p><i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p>	 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>

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Lunch – March, 2017

 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p> <p>~This menu is designed for children age 12+ months</p>	<p><i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p>	<p>3/1 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>3/2 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>3/3 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>3/6 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit</p>	<p>3/7 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit</p>	<p>3/8 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>3/9 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit</p>	<p>3/10 *Lasagna Tossed salad Fresh fruit</p>
<p>3/13 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit</p>	<p>3/14 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>3/15 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>3/16 Hamburger slider Bean medley Roll Fresh fruit</p>	<p>3/17 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit</p>
<p>3/20 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>3/21 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>3/22 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>3/23 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit</p>	<p>3/24 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>3/27 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>3/28 *Pizza Garden salad Fresh fruit</p>	<p>3/29 Chicken nuggets Tuscan bean and garlic soup Wheat bread/butter Fresh fruit</p>	<p>3/30 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>3/31 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>

*Vegetarian meal




Lunch – April, 2017

4/3 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit	4/4 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit	4/5 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit	4/6 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit	4/7 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit
4/10 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit	4/11 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit	4/12 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit	4/13 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit	4/14 *Lasagna Tossed salad Fresh fruit
4/17 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit	4/18 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit	4/19 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	4/20 Hamburger slider Bean medley Roll Fresh fruit	4/21 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit
4/24 *Cheese melt Tomato alphabet soup Fresh fruit	4/25 Turkey sloppy joe Corn & edamame Roll Fresh fruit	4/26 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit	4/27 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit	4/28 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit
		~This menu is designed for children age 12+ months	Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.	 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>

*Vegetarian meal




Lunch – May, 2017

<p>5/1 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>5/2 *Pizza Garden salad Fresh fruit</p>	<p>5/3 Chicken patty Tuscan bean and garlic soup Wheat bread/butter Fresh fruit</p>	<p>5/4 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>5/5 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>5/8 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>5/9 Quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>5/10 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>5/11 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>5/12 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>5/15 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit</p>	<p>5/16 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit</p>	<p>5/17 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>5/18 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit</p>	<p>5/19 *Lasagna Tossed salad Fresh fruit</p>
<p>5/22 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit</p>	<p>5/23 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>5/24 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>5/25 Hamburger slider Bean medley Roll Fresh fruit</p>	<p>5/26 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit</p>
<p>5/29 ***** CLOSED FOR MEMORIAL DAY *****</p>	<p>5/30 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>5/31 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p><i>Fresh fruits include but are not limited to: apples,, oranges , bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p> <p><i>~This menu is designed for children age 12+ months</i></p>	 <p><i>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</i></p>

*Vegetarian meal




Lunch – June, 2017

 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>	<p><i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p>	<p><i>~This menu is designed for children age 12+ months</i></p>	<p>6/1 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>6/2 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>6/5 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>6/6 *Pizza Garden salad Fresh fruit</p>	<p>6/7 Chicken nuggets Potato soup Wheat bread/butter Fresh fruit</p>	<p>6/8 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>6/9 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>6/12 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>6/13 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>6/14 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>6/15 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>6/16 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>6/19 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit</p>	<p>6/20 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit</p>	<p>6/21 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>6/22 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit</p>	<p>6/23 *Lasagna Tossed salad Fresh fruit</p>
<p>6/26 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit</p>	<p>6/27 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>6/28 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>6/29 Hamburger slider Bean medley Roll Fresh fruit</p>	<p>6/30 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit</p>

*Vegetarian meal




Lunch – July, 2017

<p>7/3 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>7/4 ***** CLOSED FOR INDEDPENDENCE DAY *****</p>	<p>7/5 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>7/6 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>7/7 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>7/10 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>7/11 *Pizza Garden salad Fresh fruit</p>	<p>7/12 Chicken patty Tuscan bean and garlic soup Wheat bread/butter Fresh fruit</p>	<p>7/13 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>7/14 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>7/17 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>7/18 Quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>7/19 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>7/20 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>7/21 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>7/24 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit</p>	<p>7/25 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit</p>	<p>7/26 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>7/27 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit</p>	<p>7/28 *Lasagna Tossed salad Fresh fruit</p>
<p>7/31 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit</p>		<p><i>~This menu is designed for children age 12+ months</i></p>	<p><i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p>	 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>

*Vegetarian meal




Lunch – August, 2017

<p><i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p> <p><i>~This menu is designed for children age 12+ months</i></p>	<p>8/1 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>8/2 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>8/3 Hamburger slider Bean medley Roll Fresh fruit</p>	<p>8/4 BBQ chicken leg California blend vegetables Whole wheat bread/butter Fresh fruit</p>
<p>8/7 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>8/8 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>8/9 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>8/10 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit</p>	<p>8/11 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>8/14 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>8/15 *Pizza Garden salad Fresh fruit</p>	<p>8/16 Chicken nuggets Potato soup Wheat bread/butter Fresh fruit</p>	<p>8/17 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>8/18 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>8/21 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>8/22 Broccoli quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>8/23 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>8/24 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>8/25 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>8/28 Chicken & tarragon w/whole wheat rotini Broccoli & cheese salad Fresh fruit</p>	<p>8/29 Turkey meatloaf Mashed sweet potatoes Wheat bread/butter Fresh fruit</p>	<p>8/30 Dirty rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>8/31 Black bean, corn, & chicken quesadilla With whole wheat tortilla Green Beans Fresh fruit</p>	 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>

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Lunch – September, 2017

 <p>Visit us at www.goodfoodco.com Age appropriate milk must be served with lunch</p>	<p><i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe.</i></p>	<p><i>~This menu is designed for children age 12+ months</i></p>		<p>9/1 *Lasagna Tossed salad Fresh fruit</p>
<p>9/4 ***** CLOSED FOR LABOR DAY *****</p>	<p>9/5 Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Vegetable salad Fresh fruit</p>	<p>9/6 Chicken chili Southwest salad Whole wheat bread/butter Fresh fruit</p>	<p>9/7 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>9/8 Hamburger slider Bean medley Roll Fresh fruit</p>
<p>9/11 *Cheese melt Tomato alphabet soup Fresh fruit</p>	<p>9/12 Turkey sloppy joe Corn & edamame Roll Fresh fruit</p>	<p>9/13 Shepherd's Pie Pineapple/mango cole slaw Whole wheat bread/butter Fresh fruit</p>	<p>9/14 Teriyaki chicken Oriental vegetables Wheat bread/butter Fresh fruit</p>	<p>9/15 *Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>9/18 Whole wheat Turk-a-roni Grated cheese Spinach salad Fresh fruit</p>	<p>9/19 *Pizza Garden salad Fresh fruit</p>	<p>9/20 Chicken patty Tuscan bean and garlic soup Wheat bread/butter Fresh fruit</p>	<p>9/21 *Beans & Rice Tossed salad Tortilla Fresh fruit</p>	<p>9/22 *Spinach manicotti Carrots Whole wheat bread/butter Fresh fruit</p>
<p>9/25 Pasta w/chicken sausage & butternut sauce Salad Fresh fruit</p>	<p>9/26 Quiche Peas Whole wheat bread/butter Fresh fruit</p>	<p>9/27 Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>9/28 Ranch style chicken leg Zucchini & yellow squash Wheat bread/butter Fresh fruit</p>	<p>9/29 Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>

*Vegetarian meal